

# Young Parents to be **Parent Education**

Are you 19 and under, pregnant and want to know more?  
Then come and look around the delivery suite, see the birthing pool, find out about active birth and much more. Birthing partners welcome.

(No need to book the following sessions but they are run over 2 weeks and it is recommended that you attend both)



## **Child Birth Chat**

Wednesday 8 <sup>th</sup> June	1pm - 3.00pm
Wednesday 6 <sup>th</sup> July	1pm - 3.00pm
Wednesday 10 <sup>th</sup> Aug	1pm - 3.00pm
Wednesday 14 <sup>th</sup> Sept	1pm - 3.00pm
Wednesday 12 <sup>th</sup> Oct	1pm - 3.00pm
Wednesday 9 <sup>th</sup> Nov	1pm - 3.00pm

## **Life After Birth**

Wednesday 15 <sup>th</sup> June	1pm - 3.00pm
Wednesday 13 <sup>th</sup> July	1pm - 3.00pm
Wednesday 17 <sup>th</sup> Aug	1pm - 3.00pm
Wednesday 21 <sup>st</sup> Sept	1pm - 3.00pm
Wednesday 19 <sup>th</sup> Oct	1pm - 3.00pm
Wednesday 16 <sup>th</sup> Nov	1pm - 3.00pm

Meet at Doncaster Women's Hospital reception area.  
Contact Ricky Hurley on 07789615908 or  
Angie Stevenson on 07979906227 for any more details.