

Information Resource for Families of Children with Additional Needs or Disabilities

Leisure & Social Activities

Organisation	Contact Name (where relevant)	Telephone Number	Email	Website	Additional information
--------------	-------------------------------	------------------	-------	---------	------------------------

Local Services:

DMBC Youth Services		01302 862495 / 734201	youth.admin@doncaster.gov.uk	www.doncaster.gov.uk	Offers a wide range of opportunities, challenges, experiences, support and information to Young People.
DARTS		01302 341662		www.thepoint.org.uk	Darts' work covers five main areas: communities, early years, education, health and well-being and youth engagement. Each area has a team dedicated to the development and the delivery of the work.
Doncaster Mencap & Gateway	Jenny Coupe	01302 360617	doncastermencap@care4free.net		Provides activities, leisure, bowling, going to pub, crafts, keep fit, healthy living outings, weekends away, music, education, social learning and personal development for people of all ages with a learning disability. Two leisure clubs on a Wednesday a
Doncaster PHAB (Physically Handicapped and Able Bodied)	Rebecca Hargreaves	01254 824784	rebecca.hargreaves@phab.org.uk	www.phab.org.uk	Each club organises a diverse programme of activities - arts and crafts, quizzes and games, speakers, sports, discos, days out, group holidays and usually meet once a week. Doncaster's Phab Club is a social group for age 18+ run by it's members to promot
Little Rainbows Autism Group	Amanda Hoff (Chair)	Text: 07500 282120	littlerainbows@hotmail.co.uk	www.littlerainbowsgroup.wordpress.com	Support group for families that offer drop-in sessions, family fun days, holiday activities, book loan service and newsletter
Rossington Hall Riding for the Disabled - c/o Northern Racing College		0845 450 6736			Offering individuals with disabilities the opportunity to enjoy the experience of horse riding and for those unable to sit on a horse there is an opportunity of driving a horse drawn carriage. All activities are supported by experienced and qualified tra
Altogether Sports Club		01709 589761			The Altogether Sports Club encourages and supports young people with a disability to take part in organised sports activities, and also take part in the planning process raising self-esteem, motivation and confidence by building on and transferring, their
Activities for the Disabled		01302 841572	hatfield.waterpark@doncaster.gov.uk	www.doncaster.gov.uk	Based at a marina, this group offers lots of water sports such as kayaking/canoeing, dinghy sailing, windsurfing or powerboat courses for children and young people of all abilities. Address: Hatfield Water Park, Old Thorne Road, Hatfield, Doncaster, DN7
Green Star Canoe Club	Esther Mathews	01302 535941	greenstar@btinternet.com	www.greenstarcanoeclub.co.uk	The Green Star Canoe Club runs weekly groups for people of all ages and abilities at St James Baths in the town centre. The group runs each Friday from 7.00pm - 8.30pm
No Limits	Nick Cotton	01302 344558		www.doncaster.gov.uk	Young people with disabilities are encouraged to access all of our clubs. All of our clubs have disabled access and toilets with activities and provision that all young people can take part in. We understand, however, that some disabled young people pref
Aspergers Youth Club (AYC)	Karena	07968 996372 after 6pm	aycforyou@gmail.com		Based at Intake & Belle Vue Children's Centre, Wednesday evenings, phone for more details

Scouts		0845 300 1818		www.scouts.org.uk	Scouts are for boys and girls of all abilities from the age of 10 and a half to 14 years. They can progress on to the 'Explorers' from 14-18 years of age. They also have groups for younger children (Beavers and Cubs). For details of your nearest group
Girl Guides		General enquiries: 020 7834 6242		www.girlguiding.org.uk	Girl Guides is for all girls of all abilities from 10-14 years of age. They can then progress on to being a Senior Section Member from 14-25 years and then also a Young Leader from 14-18 years. They also have groups for younger girls (Rainbows and Browni
Rossington Disability Sports Group	Cheryl Wallace	07733 106782	cheryl654@btinternet.com		This is a self-funding voluntary group which provides multi sports to any person with a disability or anyone who is unable to take part in a mainstream sports session due to injury or ill health. Members are aged from 8 years old to adulthood and meet on
Glebefield Riding for the Disabled	Jane Hemingway	07774 142705	jhemingway06@aol.com	www.ukhorseriderguide.com	Offers riding and related pony/horse activities for children and adults with learning difficulties, physical and emotional development needs
Swimstars & Dolphins Swimschools		01302 867016		www.swimstarsanddolphins.com	Specialise in the very timid and children with disabilities as Trained Assistants are in the water to help and give your child support and guidance
The Kipper Club		01302 743979			Age 16+. Teaches disabled people to swim in any fashion they are comfortable with. Based at Bircotes Leisure Centre.
Bircotes Leisure Centre		01302 743979			Swimming for the disabled. Any age welcome - children must be accompanied by an adult. Sunday mornings 9.00am-10.30am.
Play Rangers (Doncaster Dome)	Margaret Dunn	01302 379169 / 07939 003595	margaret.dunn@the-dome.co.uk	www.the-dome.co.uk	Free access play opportunities to your local community for children and young people. Ages 5 to 16 and up to 24 if disabled
Children's Able & Disabled Sport - CADS (Holiday Activities)		01302 721447			This is an integrated programme of different sports, swimming, play and activities for able and disabled young people aged 8-19 years old. There are lots of things for able and disabled young people to take part in. Holiday activities run at Adwick Leisur
Children's Able & Disabled Sport - CADS (The CAD Theatre Group)	Colin	07970 413026			This theatre group provides singing, dancing, creative mime and acting opportunities. The group aims to put on regular performances throughout the academic school year. Sessions are held at Holmescarr Community Centre in Rossington on Friday evenings 5.
Children's Able & Disabled Sport - CADS (Community CADS - Weekly Multi Sports Sessions)		01302 874536			Two sessions are currently available in the community for 8-19 year olds to take part in a healthy activity and make friends. Both sessions run in term time only at £1 per visit. Monday at Bentley High Street School 4.30pm-5.30pm. Please telephone 0130
Doncaster Athletics Club for Participants with a Disability		01302 843394	kev.16@hotmail.co.uk		Doncaster Athletics Club is the only fully inclusive club in South Yorkshire and we welcome people with all abilities. We have a specialist team of coaches for our members with disabilities. Our disability team train every Thursday at 5.00pm. New membe
Yorkshire Enabled Feathers Badminton Group	Stuart Guy or Will Wallace	Stuart - 07855 479639 or Will - 07818 594664	williamwallace@badmintonengland.co.uk	kitties_uk@yahoo.co.uk	A badminton club which caters for disabled players of all ages and standards. The sessions are delivered by a UKCC Level 2 badminton coach. Sessions are held at Dearne Valley College, Manvers Park in Wath Upon Dearne every Sunday between 12.00pm-2.00pm.

National Services:

Wilf Ward Family Trust		01751 474740	westgatehouse@wilfward.org.uk	www.wilfward.org.uk	The Trust provides social care services to a range of children, adults and older people with health or disability needs, including Personal or Home Care to families of disabled children and young people, adults and older people. Short breaks, Holidays an
------------------------	--	--------------	--	--	--

MENCAP - The Gateway Award		0121 722 5900	Gateway.award@mencap.org.uk	www.mencap.org.uk/gatewayaward	The Gateway Award is a challenging and exciting programme of activities for those aged 13 and upwards. It is evidence-based, and provides a framework where participants can design their own programme of activities.
Disability Sport England		0161 953 2499	info@dse.org.uk	www.disabilitysport.org.uk/	Provides information on sporting activities around the UK
Listening Books		020 7407 9417	info@listening-books.org.uk	www.listening-books.org.uk	Provides an audio book library for anyone who has difficulty reading due to disability or illness
KidsOut		01525 385252	kidsout@kidsout.org.uk	www.kidsout.org.uk	Provides fun opportunities and life changing experiences for disadvantaged children and young people throughout the UK

Updated January 2011